

# NYSUT Retiree Council 9



Please join us at the  
**Spring 2025 NYSUT  
 Retiree Council 9  
 Regional Conference**

**Wednesday, May 28, 2025**

**8:45 am – 3:00 pm**

**at Hohmeyer's**

**Lake Clear Lodge and Resort**

**6319 NY-30**

**Lake Clear, NY, 12945**



**Mark Your Calendar!  
 RC 9 Spring Regional Conference in Malone  
 Wednesday, May 28, 2025**

## Overview:

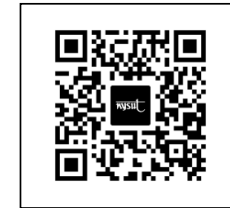
A full day of meetings and information sessions focusing on school safety, health and wellness through NYSUT benefits, and sub-council updates. The afternoon special session is about the history of food through different eras in the Adirondacks. Begin the day with morning muffins, coffees and Adirondack tea. Then enjoy a hot farm-to-fork lunch. We are fortunate that NYSUT subsidizes our day so we can hold the cost to a minimum. Details inside!

**Cost: \$20 for Retirees and \$20 per Guest**

## Register Now; Here's How:

It's easiest and preferred for you to register and pay by credit card, via online registration.

Go to: [nysut.cc/rc9-2025](https://nysut.cc/rc9-2025) OR Use this QR code.



**REGISTRATION CLOSES May 1, 2025.**

If online registration is not possible, this form can be completed and mailed along with check for \$20 for each attendee made out to NYSUT:

*RC 9 Spring Conference  
 c/o NYSUT Watertown Office  
 513 Washington Street #3  
 Watertown, NY 13601*

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Full Name: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Year Retired: \_\_\_\_\_ School: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Please check appropriate registration type:  
 Retiree  
 Retiree's guest (name of guest) \_\_\_\_\_  
 Total amount included: \_\_\_\_\_  
 Dietary needs \_\_\_\_\_ ADA accommodations \_\_\_\_\_  
 Questions? Email Chris Fowler, NYSUT Retiree Services  
 Consultant for RC 9 and 10, [chris.fowler@nysut.org](mailto:chris.fowler@nysut.org).

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~ **NYSUT Retiree Council 9 Spring Conference ~ May 28, 2025 ~**

**8:45 am Arrival**

Seasonal fresh baked muffins, coffee, teas, including the Lodge's Pine Mint Tea, door prize entries

**9:10 am Welcome**

~ Chris Fowler, NYSUT Retiree Services Consultant for RC 9 & 10

~ Lynn Hunneyman, RC 9 President, Jeff-Lewis CNR President

**9:30 am Session 1: Mike Bennett ~ Superintendent of Schools, Greenville, NY,  
and Member of the National Association of Secondary School Principals Recovery Network**

As a member of the Principals Recovery Network, Mike advocates for mental health support and safety within our schools and communities. Learn about this group's important advocacy efforts.

**10:30 am Session 2: NYSUT Updates and Sub Council Break Out Sessions**

~ Don Carlisto, NYSUT Regional Staff Director

~ Lynn Hunneyman, RC 9, President, Jeff-Lewis CNR President

~ Champlain Valley, Franklin-St. Lawrence, Jefferson-Lewis, and Southern Adirondack Members

**11:20 am Session 3: Derek Clement ~ NYSUT Benefits Coordinator**

Learn about the latest in NYSUT Member Benefits, including a new Retiree Quick Guide.

**Noon – 1:00 pm ~ Locally Sourced Lodge Lunch and Socializing**

Beef Stroganoff, Homemade Spaetzle, Fresh Seasonal Vegetable, Corn Muffins, Black Forest Brownie (Vegetarian option available with prior request at registration.)

**1:00 pm Session 4: Doreen Boone-Pitcher ~ NYSUT Peer Educator Support Specialist**

Learn about this free call-in line that members can use when they are not sure where to turn.

**2:00 pm Session 5: History of Adirondacks Food and Tonics (See side panel.)**

**3:00 pm ~ Did you win a door prize? Find out while completing the conference evaluation!**

**Afternoon Activities: Plan to stay and enjoy a walk or bike ride on the Adirondack Rail Trail!  
It runs through the Lake Clear Lodge Property. Bring your own bike!**

**The speak easy will be open from 3:00 – 5:00 pm. Enjoy a signature Prohibition beverage!**

Session Five: Special Presentation

**A History of Adirondack Foods and Tonics: from the Native Americans and Pioneers to the Cure Cottages and Grand Hotels.**

Cathy Fisher-Otis Hohmeyer and Ernest Hohmeyer, together with their children, are the proud owners and operators of the Lake Clear Lodge and Adirondack Alps Restaurant. The Lake Clear Lodge was originally built by the Otis family as a Stagecoach Inn and Post Office in 1886.

Locally sourced ingredients from community supported agriculture and Old-World flavors come together in their restaurant as each dish is crafted with love by Executive Chef Cathy Hohmeyer, showcasing the rich heritage of the Adirondacks and merging it with Ernest's European family background.

Drawing from their deep roots in the area, Ernest and Cathy will provide information about the Adirondack Eras, ranging from the Native American Era to the Farm-to-Fork Era. They are experts on area food history, "Giggle Water," tonics and teas. Their Pine Mint Tea will be included in our breakfast. Their Speak-Easy will be open after the conference.



Source: <https://www.lakeclearlodge.com/>.

March 26, 2025

# RC 9 Spring 2025 Conference Agenda

Wednesday, May 28, 2025, 8:45 am-3:00pm  
Hohmeyer's Lake Clear Lodge, Lake Clear

**Contact Person** Chris Fowler, RC 10 Retiree Services Consultant,  
chris.fowler@nysut.org

**Focus Points** NYSUT Updates, Sub-Council Sessions, Member Health Benefits

<b>Time</b>	<b>Topic/Activity</b>	<b>Presenter</b>
8:45 am	<b>Arrival and Continental Breakfast</b>	Chris Fowler, NYSUT RSC
9:10 am	<b>Welcome and NYSUT Updates</b>	Chris Fowler, NYSUT RSC Lynn Hunneyman, RC 9 President
9:30 am Session 1	<b>Principals Recovery Network</b> How are administrators advocating for increased mental health and support for school safety locally and nationally?	Michael Bennett, Superintendent of Schools, Greenville Central School District, Greenville, NY
10:30 am Session 2	<b>NYSUT Updates</b>  <b>Sub-Council Break Out Sessions</b>	Don Carlisto, NYSUT North Country Regional Director RC 9 Leaders
11:20 am Session 3	<b>Member Benefits News and Overview</b> What benefits could you be maximizing? What program is out there waiting for you?	Derek Clement, CFP NYSUT Benefits Coordinator
noon	<b>Hot Lunch (Gluten and Dairy Free Selections Available)</b>	Hohmeyer's Alpine Alps Restaurant
1:00 pm Session 4	<b>NYSUT Peer Support Line The Road to Wellness</b>	Doreen Boone-Pitcher NYSUT Peer Support Specialist
2:00 pm Session 5	History of Adirondacks Food and Tonics Native Americans and Pioneers to Cure Cottages and Grand Hotels	Ernest and Cathy Hohmeyer
3:00 pm	<b>Evaluations and Departure</b>	Chris Fowler

Breakfast: Seasonal fresh-baked muffins, coffee, teas including Adirondack Pine Mint Tea

Lunch: Beef Stroganoff with homemade spaetzle (noodles), seasonal salad or vegetable, cornbread, Black Forest brownie

Afternoon Activities: Plan to stay and enjoy a walk or bike ride on the Adirondack Rail Trail! It runs through the Lake Clear Lodge Property. Bring your own bike!

The speakeasy will be open from 3:00 – 5:00 pm. Enjoy a signature Prohibition beverage!

Hotel accommodations at Lake Clear Lodge can be made on your own by calling Cathy Hohmeyer at 518-891-1489.